

**SUBCHAPTER 27E – TREATMENT OR HABILITATION RIGHTS**

**SECTION .0100 – PROTECTIONS REGARDING INTERVENTIONS PROCEDURES**

**10A NCAC 27E .0101 LEAST RESTRICTIVE ALTERNATIVE**

- (a) Each facility shall provide services/supports that promote a safe and respectful environment. These include:
- (1) using the least restrictive and most appropriate settings and methods;
  - (2) promoting coping and engagement skills that are alternatives to injurious behavior to self or others;
  - (3) providing choices of activities meaningful to the clients served/supported; and
  - (4) sharing of control over decisions with the client/legally responsible person and staff.
- (b) The use of a restrictive intervention procedure designed to reduce a behavior shall always be accompanied by actions designed to insure dignity and respect during and after the intervention. These include:
- (1) using the intervention as a last resort; and
  - (2) employing the intervention by people trained in its use.

*History Note: Authority G.S. 122C-51; 122C-53; 143B-147;  
Eff. February 1, 1991;  
Amended Eff. January 1, 1992;  
Temporary Amendment Eff. January 1, 2001;  
Amended Eff. August 1, 2002;  
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. March 26, 2017.*